

# CREATING SPACE FOR GOD

Listen (Mark 1:4-9)

## SETTLE INTO GOD'S PRESENCE

Close your eyes, breathe deeply, and slowly quiet your body, mind, and soul. Adjust to the silent stillness. Reflect on where you have been, what you have been doing, and what you have felt and experienced in the last several weeks. How has God been present to you? What are the things occupying your mind and heart? What hopes and fears do you have as you prepare to meet with God? Share these thoughts and feelings with God. Listen. Share these thoughts and feelings with God. Listen.

## OPENING PRAYER

Lord, you know what is best for me. Give me what you will and when you will and as much as you will. Do with me what you think best and as it please you and brings you the most honor. Place me where you will and use me according to your wisdom. I am in your hand as your servant ready to do all that you command. I want to live not for myself, but for you. I want to serve you fittingly and perfectly.

*From Thomas a Kempis*

## SCRIPTURE READING: MARK 1:4-9

Take a few moments to sit with this passage. What words or verses caught your attention? Hold these words in your mind, paying attention to what is going through your mind and heart.

## QUESTIONS FOR REFLECTION

- Jesus says, "Listen!" How have you heard God's voice recently? In what ways did you respond to him? In what ways do you still need to respond?
- As you reflection on the passage, what invitation is God giving to you? What next steps can you take to live that out?

## CLOSING PRAYER

O heavenly Father, in whom we live and move and have our being: We humbly pray for you to so guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you but remember that we are ever walking in your sight; through Jesus Christ our Lord. Amen.

*Book of Common Prayer*